

1111 S. DuPont Hwy • Dover, DE • 734-4429

★ HONOR ★ DISCIPLINE ★ RESPECT ★ SUCCESS ★

2019 Summer Class Schedule

Children / Adults / Haidong Gumdo / Tai Chi

Belt Level / Age (yr.)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kids Beginners / (7-12) (White to Orange Belt)	5:00–5:45	5:00–5:45		5:00–5:45		
Kids Intermediate (Green Stripes to Red Stripes)	5:50–6:35	5:50–6:35		5:50–6:35		
All Teen & Adults / (14&UP)		7:30–8:15		7:30–8:15		
Advanced & Black Belt Class (Red Belt & Above)	6:40–7:25	6:40–7:25		6:40–7:25		
Open/Family Class (7&UP) (All Belts)			5:00–5:50			10:30–11:15
Demonstration Team (Tryout required)					5:00-6:00	
Haidong Gumdo	6:40–7:25		5:50–6:35			
Weapons Class / (All Ages) (Orange belt and higher)			5:50–6:35			
Private Lessons					Available upon request.	Available upon request.
Sparring Class / (All Ages)						TBA
Birthday Parties	Visit v	Starts at 12:00				

Little Lion's Program (ages 4, 5, and 6)

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lions Beginners (White belt, White/yellow)	5:00-5:40		5:00-5:40			
Lions Intermediate (White/orange, green, blue)	5:00 – 5:40		5:00 - 5:40			
Lions Advanced (White brown, red, black)		5:00-5:40		5:00-5:40		

If you are enjoying your classes, please tell a friend!

We appreciate your referrals.

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